



MESA MATTERS

Create, connect, and collaborate...for life!

January 2, 2017



Upcoming Events

See attached flyers and the Announcements section for details

Mon Jan 2	New Year's Day Holiday No School	
Tue Jan 3	School Back in Session	
Wed Jan 4	PFO General Meeting - CANCELED Join us at our Feb 1 Meeting	
Wed Jan 4	Mesa Jogathon Info/Planning Meeting 2:05pm, Library - Volunteers/Help Needed RSVP to richelle.solis@gmail.com	
Wed Jan 4	School Site Council/English Learners Advisory Committee Meeting - 3:05pm, Room 3	
Fri Jan 6	Student of the Month Assembly PFO Hospitality - Free Krispy Kreme/Coffee 8:45am, Grades TK-2 9:15am, Grades 3-5	
Jan 9 - 13	Mesa Community Clean-Up Week	
Tue Jan 10	Coffee with the Superintendent & Principal 8:25am, Cafeteria	
Mon Jan 16	Martin Luther King Holiday No School	

Announcements

◆ Mesa Jogathon - ATTENTION "HANDY" PARENTS!

The PFO needs your help! We are planning this year's jog-a-thon, and our Junior High event is looking for people to help build and/or create some obstacle courses. If you have some ideas, some materials, tools, and the desire to make this the most memorable JAT ever, please contact Richelle Solis at richelle.solis@gmail.com.

◆ Make some time for yourself in 2017 and join us every Thursday from 8:30-9:30am for Zumba®

What is Zumba? A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, and a serious boost of energy. We will mix low-intensity and high-intensity moves for an interval-style, calorie-burning hour of dance fitness! Never done Zumba? NO PROBLEM! \$5 per class, payable at the door. No need to sign up, just show up! Waivers and release form to be filled out at first class. Questions, contact Richelle Solis at richelle.solis@gmail.com.

Principal's Message

Dear Marvelous Mesa Families,

Welcome back to school and welcome to 2017! I hope everyone had a restful and safe winter break and you enjoyed the off time with your family and friends. I know you'll agree, though, it's nice to be back to school and to our routines. One of those routines that we should all follow strictly is to come to school every day school is in session, and to arrive for school on time everyday. I am going to continue calling parents personally when there is a pattern of tardies or unexcused absences. It is so important that your child is lined up with his/her class first thing in the morning and enters the class with his/her peers for the morning activities. Being late even a few minutes can really throw your student's learning off. Thank you in advance for your extra effort in this area.

On Wednesday this week, we have our School Site Council (SSC) and English Learners Advisory Committee (ELAC) meeting, in Room 3 at 3:05pm. All parents are warmly welcomed at our SSC and ELAC meetings.

On Friday, we have our monthly Student of the Month (SOM) assemblies for the elementary school. It is always so nice to see so many parents and grandparents at these assemblies and I truly thank you for attending and probably being a bit late to your own work that day. Our wonderful PFO will be on hand for Krispy Kreme and coffee hospitality—thank you PFO. New at this awards assembly will be a live "broadcast" of the event via Twitter's Periscope app... you'll be able to watch the event live via our Twitter feed and/or watch it later. The streaming video will appear on our regular Twitter feed that you are now used to following and using. This will be great for parents that want to follow the SOM assemblies but can't come to campus, as well as relatives to watch live from their homes! Follow us on Twitter at @mesaunionschool. If this live stream is a success, we will utilize this for other meetings and assemblies at Mesa.

For grades 4 to 8, your student has already brought home grade level spelling/vocabulary words and a school spelling bee list to study. The classroom bee will start with a vocabulary test and the top 10 students will compete in a classroom bee by January 13th. The winner of each classroom will participate in the School Spelling Bee January 20th at 1:00pm in the cafeteria. I'll be one of the announcers for the Spelling Bee. In case students lose their words to study, parents can go to spellingbee.com and sign up for the word club which will give them study materials. Happy spelling!

Warmly,

Mesa Union School: 3901 N. Mesa School Road,
Somis CA, 93066 Tel. 805.485.1411

Dr. Stephen Bluestein, *Principal*, sbluestein@mesaschool.org
Peter Lan, *MM Editor*, MMeditor@mesaschool.org





MESA MATTERS





Crear, conectar y colaborar...por vida!

2 de enero 2017



Próximos Eventos

Ver volantes adjuntos y la sección de avisos para los detalles

Lun Jan 2	Día de Año Nuevo No hay clases	
Mar Jan 3	Escuela de vuelta en sesión	
Mie Jan 4	Reunión General del PFO - CANCELADO Próxima reunión 1 de febrero	
Mie Jan 4	Reunión de Planificación de Jogathon 2:05pm, Biblioteca - Se busca ayudante RSVP to richelle.solis@gmail.com	
Mie Jan 4	Junta del Consejo Escolar y Reunión del Comité Asesor de Estudiantes de Inglés - 3:05pm, Room 3	
Vie Jan 6	Asamblea del Estudiante del Mes Hospitalidad de PFO - libre donuts/café 8:45am, Grados TK-2 9:15am, Grados 3-5	
Jan 9 - 13	Semana de Limpieza de la Comunidad de Mesa	
Mar Jan 10	Café con el Superintendente y Principal 8:25 am, Cafetería	
Lun Jan 16	Martin Luther King Holiday No hay clases	

Mensaje del Director

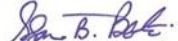
Estimadas Familias de Marvelous Mesa,

Bienvenidos a la escuela y bienvenidos a 2017! Espero que todo el mundo tuviera un descanso tranquilo y seguro de invierno y disfrutó el tiempo libre con su familia y amigos. Sé que estarás de acuerdo, sin embargo, es bueno estar de regreso a la escuela ya nuestras rutinas. Una de esas rutinas que deberíamos seguir estrictamente es venir a la escuela todos los días la escuela está en sesión, y llegar a la escuela a tiempo todos los días. Voy a seguir llamando a los padres personalmente cuando hay un patrón de tardanzas o ausencias injustificadas. Es tan importante que su hijo esté alineado con su clase a primera hora de la mañana e ingrese a la clase con sus compañeros para las actividades de la mañana. Estar retrasado incluso algunos minutos puede realmente tirar el aprendizaje de su estudiante apagado. Gracias de antemano por su esfuerzo adicional en esta área.

El miércoles de esta semana, tenemos nuestra reunión del Consejo Escolar (SSC) y del Comité Asesor de Aprendices de Inglés (ELAC), en la Sala 3 a las 3:05 pm. Todos los padres son bienvenidos en nuestras reuniones de SSC y ELAC.

El viernes, tenemos nuestras asambleas mensuales del Estudiante del Mes (SOM) para la escuela primaria. Siempre es tan agradable ver tantos padres y abuelos en estas asambleas y realmente te agradezco por asistir y probablemente ser un poco tarde a tu propio trabajo ese día. Nuestro maravilloso PFO estará disponible para Krispy Kreme y la hospitalidad del café-gracias PFO. Nuevo en esta asamblea de premios será una transmisión en vivo del evento a través de la aplicación de Twitter de Periscope ... podrás ver el evento en vivo a través de nuestro feed de Twitter y / o verlo más tarde. El video de streaming aparecerá en nuestro feed habitual de Twitter que ahora estás acostumbrado a seguir y usar. Esto será genial para los padres que quieren seguir las asambleas SOM, pero no pueden venir al campus, así como familiares a ver en vivo desde sus hogares! Síguenos en Twitter en @mesaunionschool. Si esta transmisión en vivo es un éxito, utilizaremos esto para otras reuniones y asambleas en Mesa.

Para los grados 4 a 8, su estudiante ya ha traído a casa palabras de ortografía / vocabulario de nivel de grado y una lista de abejas de ortografía de la escuela para estudiar. La abeja de aula comenzará con una prueba de vocabulario y los 10 mejores estudiantes competirán en una abeja de clase para el 13 de enero. El ganador de cada aula participará en la Escuela de Ortografía el 20 de enero a la 1:00 pm en la cafetería. Seré uno de los anunciadores de la Ortografía. En caso de que los estudiantes pierdan sus palabras para estudiar, los padres pueden ir a spellingbee.com y firmar para arriba para el club de la palabra que les dará materiales de estudio. Feliz ortografía!

Con mucho gusto, 

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♦ Mesa Jogathon - ATENCIÓN ¡PADRES "HANDY"!

¡El PFO necesita tu ayuda! Estamos planeando este año jog-a-thon, y nuestro evento Junior High está buscando personas para ayudar a construir y / o crear algunos cursos de obstáculos. Si usted tiene algunas ideas, algunos materiales, herramientas, y el deseo de hacer esto el JAT más memorable nunca, entre en contacto con Richelle Solis en richelle.solis@gmail.com.

♦ Haga algo de tiempo para usted en 2017, y únase a nosotros todos los jueves de 8:30am para Zumba®

Un entrenamiento total, combinando todos los elementos de fitness - cardio, acondicionamiento muscular, equilibrio y flexibilidad, y un fuerte impulso de energía. Vamos a mezclar de baja intensidad y movimientos de alta intensidad para un intervalo de estilo, hora de calorías de la hora de la danza de fitness! \$5 por clase, pagadero en la puerta. No hay necesidad de inscribirse, sólo aparecer! Preguntas, póngase en contacto con Richelle Solis en richelle.solis@gmail.com.

Mesa Community Clean Up Week

January 9th - January 13th

4th/5th grade and junior high Student Councils have made a New Year's resolution to do our part to keep Mesa clean, and we need your help!

We will kickstart this resolution with a campaign to bring awareness to others on how to keep our school clean, and the importance of taking more pride in our school campus.

Each day we will focus on a particular area of the campus:

Monday: cafeteria

Tuesday: cafeteria

Wednesday: bathrooms

Thursday: outdoor areas

Friday: inside classrooms

Our goal is for Mesa Community Clean Up Week to bring an understanding to all students of how our actions affect the cleanliness of the school, and for everyone's awareness and efforts to continue well beyond the week.





CAUSE AN EFFECT



Make dinner a selfless act by joining us for a fundraiser to support Mesa Union Parent Faculty Organization. Come in to the Chipotle at **660 East Ventura Blvd** in Camarillo on **Wednesday, January 25th** between **11:00am** and **9:00pm**.

Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 50% of the proceeds will be donated to Mesa Union Parent Faculty Organization.



Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count.



Dear Families,

Welcome to the Six Flags® Read to Succeed Six Hour Reading Club!

Your child's school is participating in an exciting program that encourages students in grades K through 6 to read for fun. *Read to Succeed* is a free program sponsored by Six Flags Theme Parks. Every student who completes six hours of recreational reading before the school's deadline listed on the bottom of this page is eligible for a free admission ticket, valid at the participating Six Flags Theme Park that the school has selected.

Students will develop a greater appreciation for books when they see that you think reading is important too. You are sure to have fun as you investigate the world of reading together!

Here's what you need to know:

- Only students in grades K through 6 are eligible to participate.
- Review the attached reading log. Your child should use this sheet to record what and how long he/she reads.
- Your child must complete 6 hours, or 360 minutes, of recreational reading.
- Please initial each entry and then sign the reading log to verify that the 6 hours of reading has been completed.
- Your child can read books, magazines, newspapers, or comic books (digital or hard copy). Reading for homework or a class assignment does NOT count.
- Students can read silently, aloud, or with an adult—you can read to your child, or your child can read to you.
- Remind your child to return the reading log to his/her teacher by the deadline. Your child's school will submit your child's information and hours read.
- Late entries will NOT be accepted.

About the Tickets

- Tickets will be awarded to students by their teacher/school coordinator.
- The ticket is valid for admission to **ONE** Six Flags theme park on **SELECT DATES ONLY** during the 2017 season. Park name and valid dates will be printed on the tickets. Please understand that the school can only select one Six Flags Theme Park. The ticket will only be valid for the park that is listed on the ticket. The valid dates will not be announced prior to the ticket award date in early May.
- Tickets are valid for students in grades K-6 only and are not valid for anyone over the age of 13. No exceptions.
- Each ticket is valid for one free student admission only.
- A Season Pass upgrade offer will be available during the ticket valid dates. The upgrade offer information will be printed on the ticket.
- Tickets are **NOT** for resale and are **nontransferable**.
- They **cannot** be replaced if lost, stolen or damaged.

We hope that you and your child enjoy this free program and spend time reading together. If you have any questions about the program or have ticket questions, you will need to contact your child's teacher or school before the school year is over.

Happy Reading!

The Six Flags® Read to Succeed Team

School Deadline, please return the reading log to the teacher by:



2016-2017 STUDENT READING LOG

Complete and return this sheet to your teacher by:

February 17, 2017

(Teacher/Coordinator to fill in due date)

Student Name (first and last name): _____

School: _____

Grade: _____ **Teacher:** _____

Welcome to the Six Flags® Read to Succeed Six Hour Reading Club!

To participate, you need to read for fun for a total of 6 hours or 360 minutes. You can read books, magazines, newspapers, eBooks or comic books. Reading for homework or a class assignment does NOT count.

This log will help you keep track of all your reading. List what you read and the time you spend reading (use the back of this sheet if necessary). Have a parent or teacher initial this log. When you reach the goal, return this log to your teacher by the date listed above in order to qualify for a free ticket to a Six Flags® theme park. Your ticket will be given to you by your teacher/school coordinator.

Date	What I Read	Time	Parent/Teacher Initials
Total Amount of Time Read (Must be at least 6 hours or 360 minutes)			

Please use the back of this page or additional sheets, if needed.

Parents, if you have any program or ticket questions, you will need to contact your child's teacher or school.

I certify that student named above has completed 6 hours of recreational reading.

I am aware that the one free admission ticket that my child will receive is valid only at ONE participating Six Flags® theme park on **select dates** during the 2017 season. Dates will be included on the tickets. I also understand that late entries will not be accepted, and tickets are NOT valid for anyone over age 13, are not for resale and cannot be replaced if lost, stolen or damaged.

Parent/Teacher Initials



Congratulations to our Top 4 Box Tops and/or Labels for Education collectors for the Month of December 2016!

**Marco Troncoso
Nico Troncoso
Vivia Troncoso
Estefanie Garcia**

Congratulations to our Monthly Raffle Winner for the Month of December 2016!

Estefanie Garcia



THANK YOU to all students that have submitted Box Tops!

It's not over yet! We still have a goal of \$3,000 for the school year and will continue to have monthly raffle winners so please continue to collect and submit your Box Tops and Labels for Education!! Check those expiration dates, Tigers!





**Mesa Union
2016-2017 Box Tops Incentives Program**

Many thanks to the generosity of our local businesses! *

10 Box Tops Level = 1 free kid's meal from:



20 Box Tops Level = 1 free kid's meal from one of the following:



50 Box Tops Level = 1 free kid's meal from one of the following:



100 Box Tops Level = 1 free meal one of the following:



150 Box Tops Level =
1 free kid's meal



200+ Box Tops Level =
1 free kid's meal from:



Also, each month you submit Box Tops, your name will be automatically entered in a monthly raffle for a chance to win another prize. The winner will be drawn at the end of each month.

*Subject to availability. Please understand that donations are given in limited quantities. There may be times we will substitute a prize at any level.

Any questions please contact your Box Tops Coordinators!
Edelle Referente (mom4kidstwins@gmail.com) or Jennifer Sahagun (jensahagun@gmail.com)

January 2017

Mesa Union School

BREAKFAST

Menu subject to substitution if necessary. All meals served with choice of 1% regular or nonfat TruMoo chocolate milk. Breakfast served daily before school and during morning recess. Please let me know if you have questions or concerns. Thank you © Debbie Sussex
dsussex@mesaschool.org



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



This establishment is an equal opportunity employer.

Monday

Tuesday

Wednesday

Thursday

Friday

Happy New Year!

2

Bagel
Cream Cheese
Fruit
Juice
Milk

3

Yogurt
Muffins
Fruit
Milk

4

Pancakes
Ham
Fruit
Milk

5

Cereal
Cheese Stix
Fruit
Juice
Milk

6

Sausage Dogs
Fruit
Juice
Milk

9

Warm Pretzels
Cheese Stix
Fruit
Milk

10

Yogurt
Muffins
Fruit
Milk

11

French Toast
Ham
Fruit
Milk

12

Cereal
Cheese Stix
Fruit
Juice
Milk

13

Martin Luther King Jr.
Holiday

16

Breakfast Sandwich
Fruit
Juice
Milk

17

Yogurt
Muffins
Fruit
Milk

18

Cinnamon Rolls
Ham
Fruit
Milk

19

Cereal
Cheese Stix
Fruit
Juice
Milk

20

Apple Frudel
Cheese Stix
Fruit
Milk

23

Oatmeal
Cinnamon Toast
Fruit
Milk

24

Yogurt
Muffins
Fruit
Milk

25

Waffles
Ham
Fruit
Milk

26

Cereal
Cheese Stix
Fruit
Juice
Milk

27

Cherry Frudel
Cheese Stix
Juice and Fruit
Milk

30

Bagelfuls
Fruit
Juice
Milk

31



January 2017

Mesa Union School

LUNCH

.Menu subject to substitution if necessary. All meals served with choice of 1% regular or nonfat TruMoo chocolate milk. Salad bar is offered to our 3rd-8th grade Please let me know if you have questions or concerns.
Thank you© Debbie Sussex
dsussex@mesaschool.org



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



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Monday

2

Happy New Year!

Tuesday

3

Hotdogs
Beans
Fruit
Milk and Salad Bar

Wednesday

4

Orange Chicken
Rice Bowls
Fruit and Veggies
Fortune Cookies
Milk and Salad Bar

Thursday

5

Spaghetti
Garlic Bread
Fruit and Veggies
Milk and Salad Bar

Friday

6

Pizza Day!
Salad w/dressing
Fruit and Jello
Milk and Salad Bar

Cheeseburgers
Fruit and Veggies
Milk
Salad Bar

9

Grilled Cheese
Homemade Soup
Fruit and Veggies
Milk and Salad Bar

10

BBQ Chicken
Fruit and Veggies
Country Biscuit and Milk
Salad Bar

11

Sub Sandwiches
Hartzels
Fruit and Veggies
Milk and Salad Bar

12

Pizza Day!
Salad w/dressing
Fruit and Jello
Milk and Salad Bar

13

Martin Luther King Jr.

Holiday

16

BBQ Beef Sandwich
Fruit and Veggies
Milk
Salad Bar

17

Chicken and Gravy
Mashed Potatoes & Cornbread
Fruit and Veggies
Milk and Salad Bar

18

Bean and Cheese Burritos
Spanish Rice
Fruit and Veggies
Milk and Salad Bar

19

Pizza Day!
Salad w/dressing
Fruit and Jello
Milk and Salad Bar

20

BBQ Chicken Sandwich
Fruit
Veggies
Graham Crackers and Milk
Salad Bar

23

Baked Potatoes
Chili
Cornbread
Fruit and Milk
Salad Bar

24

Mac-n-Cheese
Breadstix
Fruit and Veggies
Milk
Salad Bar

25

BBQ Chicken
Fruit and Veggies
Cornbread
Milk
Salad Bar

26

Pizza Day!
Salad w/dressing
Fruit and Jello
Milk and Salad Bar

27

Orange Chicken Rice Bowls
Fruit and Veggies
Fortune Cookies
Milk and Salad Bar

30

Grilled Cheese Sandwich
Homemade Soup
Fruit and Veggies
Milk
Salad Bar

31

