



# MESA MATTERS



Honor the past, live in the present, drive to the future... The Mesa Way!

February 18, 2019

## Upcoming Events

Mon Feb 18	NO SCHOOL President's Day
Tues Feb 19	District Board Meeting 6:00 PM - MPR
Wed Feb 20	Early Dismissal 1:00 PM grades TK-3; 1:05 PM grades 4-8
Thurs Feb 21	PELAC Meeting 8:40AM - School Office
Thurs Feb 21	School Site Council Meeting 3:30PM - School Office
Wed Feb 27	Early Dismissal 1:00 PM grades TK-3; 1:05 PM grades 4-8
Thurs Feb 28	<b>7th Grade</b> Science Fair Science Lab
Fri March 1	TK- 5 Student of the Month Assembly 8:20AM, 9:00AM, 9:40AM - Cafeteria



**OXNARD UNION HIGH SCHOOL DISTRICT**

### ATTENTION 8TH GRADE PARENTS!!!

Please check Mesa Matters weekly for important dates, deadlines, and meetings regarding Oxnard Union High School District information:

- High School Counselor Visit for 8th graders; class registration - February 19, 2019; 12:30PM
- Deadline for Intra-District transfers - February 28, 2019; 4:30 PM.
- Rio Mesa Incoming Freshmen Enrollment Night - March 7, 2019 OR March 13, 2019 (see attached flier)
- Rio Mesa Open House - March 27, 2019; 6:00PM

## School Message

Hello Mesa Families,

A successful school has strong partnerships. One of those partnerships we are looking to increase is parent engagement.

Parents, please consider attending parent meetings such as Principal's Breakfast, and/or taking on some leadership roles that provide valuable input and decision making. For our school to continue to be successful, we need continuous leadership as opportunities for parent leaders are available on the Parent Faculty Organization (PFO) and District Advisory Committees such as School Site Council, Parent Advisory Committee, and our Wellness Committee. Please see the attached fliers for more information.



Friendly reminder... **Please return the LCAP parent survey to the school or district office by Friday, March 1, 2019.** The survey is also available online at [mesaschooldistrict.org/lcap-survey/](http://mesaschooldistrict.org/lcap-survey/) Thanks in advance for your input!



Parents, please remember to sign in at the school office when you need to drop off items to your child. Please do not go directly to the classroom. Thank you for your cooperation and protecting valuable instructional time.

Please look at our website, Twitter, Instagram, and Facebook pages for the latest news and updates, and read the Mesa Matters weekly.

School Website: [mesaschool.org](http://mesaschool.org)

Twitter:

@MesaUnionSchool

@jturnersupt

@Kim\_Kuklenski\_

Instagram: [mesaschooldistrict](https://www.instagram.com/mesaschooldistrict)

Facebook: Mesa Union School District



Mark C. Contreras  
@MarkCContreras

Thank you Mesa Union for visiting us today and allowing me to visit you all tonight!

Kim Kuklenski @Kim\_Kuklenski\_ Big shout out to @rmhs\_spartans & @MarkCContreras for hosting campus tours for @MesaUnionSchool 8th grade Ss #mesamoments







# MESA MATTERS



Honor the past, live in the present, drive to the future.... The Mesa Way!

18 de febrero del 2019

## Próximos Eventos

Lun. Feb. 18	NO HAY CLASES Día de los Presidentes
Mar. Feb. 19	Junta de la Junta Directiva del I Distrito 6:00 PM - MPR
Mié. Feb. 20	La Estudiantes Salen Temprano 1:00 PM grados TK-3; 1:05 PM grados 4-8
Jue. Feb. 21	Junta de PELAC 8:40 AM - Oficina de la Escuela
Jue. Feb. 21	Junta del Consejo del Sitio Escolar 3:30 PM - Oficina de la Escuela
Mié. Feb. 27	Los Estudiantes Salen Temprano 1:00 PM grados TK-3; 1:05 PM grados 4-8
Jue. Feb. 28	Feria de Ciencia del <b>7° Grado</b> En el Laboratorio de Ciencia
Vie. Mar. 1	Asamblea del Estudiante del Mes TK- 5 8:20AM, 9:00AM, 9:40AM - En la cafetería



### ¡¡¡ATENCIÓN PADRES DE 8° GRADO!!!

Por favor lea Mesa Matters semanalmente para fechas importantes, plazos, y juntas e información sobre el Distrito Escolar de Oxnard Union High.

- Visita del Consejero de la Escuela Secundaria para estudiantes de 8° grado; registro de clases - 19 de febrero del 2019; 12:30PM
- Fecha límite para Transferencias Intra-distritales es el 28 de febrero del 2019; 4:30 PM.
- Noche de Inscripción de Estudiantes Entrantes a Rio Mesa - 7 de marzo del 2019 O 13 de marzo del 2019 (consulte el volante adjunto)
- Puertas Abiertas de Rio Mesa - 27 de marzo del 2019; 6:00PM

## Mensaje de la Escuela

Hola Familias de Mesa,

Una escuela exitosa tiene alianzas sólidas. Una de esas alianzas que buscamos es aumentar la participación de los padres.

Padres, por favor consideren asistir a reuniones de padres como el Desayuno con el Director, y/o asumir algunos

roles de liderazgo que proporcionan valiosos aportes y toma de decisiones. Para que nuestra escuela continúe teniendo éxito, necesitamos liderazgo continuo, hay oportunidades para padres líderes que estén disponibles en la Organización de Facultad de Padres (PFO) y Comités Asesores del Distrito como el Consejo de Sitio Escolar, Comité Consultivo de Padres, y nuestro Comité de Bienestar. Por favor consulte los volantes adjuntos para obtener más información.



Un amable recordatorio... **Por favor devuelva la encuesta para padres de LCAP a la escuela u oficina del distrito antes del viernes, 1 de marzo del 2019.**

La encuesta también está disponible en la línea en [mesaschooldistrict.org/lcap-survey/](http://mesaschooldistrict.org/lcap-survey/) ¡Gracias de antemano por su ayuda!



Por favor consulte las páginas de nuestro sitio web, Twitter, Instagram, y Facebook para la últimas noticias y actualizaciones, y lea Mesa Matters semanalmente.

Sitio Web Escolar:

[mesaschool.org](http://mesaschool.org)

Twitter:

@MesaUnionSchool

@jturnersupt

@Kim\_Kuklenski\_

Instagram: [mesaschooldistrict](https://www.instagram.com/mesaschooldistrict)

Facebook: Mesa Union School District



Mark C. Contreras  
@MarkCContreras

Thank you Mesa Union for visiting us today and allowing me to visit you all tonight!

Kim Kuklenski @Kim\_Kuklenski\_

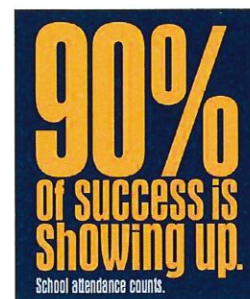
Big shout out to @rmhs\_spartans & @MarkCContreras for hosting campus tours for @MesaUnionSchool 8th grade Ss #mesamoments





## School Attendance and Tardy Update

For students of all ages, every day counts! Students who attend school regularly are more likely to succeed academically, to enjoy school more, and to feel more part of the school community. California law requires that students attend school regularly and **punctually**.



**Our attendance and tardy goal is to have 97%** of our students present and on time every day. For the month of January our school wide attendance rate was 95.26%. Let's make a push to improve our attendance and tardy rates for the month of February.

<u>2018-19 Attendance Rates:</u>	<u>School Wide</u>	<u>Elementary</u>	<u>Jr High</u>
Feb 1- Feb 8	95.08%	95.01%	95.15%
Feb 12-15	94.43%	93.36%	95.50%

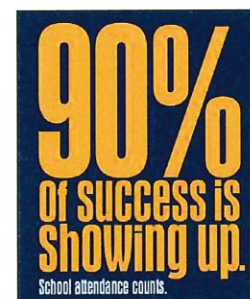
Getting your child to school on time is imperative. Every minute in school counts, and students that are tardy miss valuable instructional time at the start of each school day.

**Please be advised of the start times: Grades 4-8 begin at 8:10AM and Grades TK-3 begin at 8:25AM.**

<u>2018-19 Tardy Rates</u>	<u>School Wide</u>	<u>Elementary</u>	<u>Jr High</u>
Feb 1- Feb 8	96.25%	97%	95.50%
Feb 12-15	96.10%	94.93%	97.30%

## Actualización de Asistencia y Tardanzas de la Escuela

¡Todos los días cuentan para los estudiantes de todas la edades! Estudiantes que atienden la escuela regularmente tienen tendencia de tener éxito académicamente, y disfrutar más, y sentirse más parte de la comunidad escolar. La ley de California requiere que los estudiantes asistan a la escuela regularmente y **puntualmente**.



**Nuestra meta de asistencia o tardanzas es tener un 97%** de estudiantes presentes y a tiempo todos los días. El mes de enero nuestra tasa de asistencia de toda la escuela fue de un 95.26%. Hagamos un esfuerzo para mejorar nuestras tasas de asistencia y tardanzas para el mes de febrero.

<u>Tasa de Asistencia del 2018-19:</u>	<u>Toda la Escuela</u>	<u>Primaria</u>	<u>Secundaria</u>
1 al 8 de febrero	95.08%	95.01%	95.15%
12 al 15 de febrero	94.43%	93.36%	95.50%

Es imperativo hacer que su hijo llegue a la escuela a tiempo. Cada minuto en la escuela cuenta, y los estudiantes que llegan tarde pierden tiempo valioso de aprendizaje al comienzo de cada día escolar.

**Por favor tenga en cuenta los horarios de comenzar la escuela: Grado 4-8 comienzan a las 8:10AM y Grados TK-3 comienzan a las 8:25AM.**

<u>Tasa de Tardanzas del 2018-19</u>	<u>Toda la Escuela</u>	<u>Primaria</u>	<u>Secundaria</u>
1 al 8 de febrero	96.25%	97%	95.50%
12 al 15 de febrero	96.10%	94.93%	97.30%



## **Principal's Breakfast**



Mark your calendars, our monthly "Breakfast with the Principal" is scheduled for the second Tuesday of every month. Please join us in the cafeteria at 8:30AM to discuss important school information and ask questions. This event is open to all (younger children are welcomed), and it's a great way to learn more about Mesa, give your input, and interact administration and other parents in an informal setting.

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## **Parent Committees**

### **School Site Council (SSC)**

The School Site Council (SSC) plays an important role in decision-making at Mesa Union. A School Site Council (SSC) is group of teachers, parents, administrators, and interested community members who work together to develop and monitor a school's improvement plan. The School Site Council (SSC) meets concurrently with the English Language Advisory Committee (ELAC). If interested, please turn in the attached election form to the school office no later than Friday, October 12, 2018.



### **English Language Advisory Committee (ELAC)**

The purpose of the English Language Advisory Committee (ELAC) is to advise the principal and school staff on programs and services for English learners and the SSC on the development of the Single School Plan for Student Achievement. The English Language Advisory Committee (ELAC) meets concurrently with the School Site Council (SSC).

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### **Parent English Language Advisory Council (PELAC)**

Parent English Language Advisory Committee (PELAC)  
Meetings are open to all parents of English Language learners, The first meeting is scheduled for Thursday, October 18, 2018 at 8:40AM in the computer lab.



### **Parent Advisory Council (PAC)**



The Parent Advisory Council (PAC) advises the MESA Union Board of Education of parents' perspectives and provides recommendations about school district issues. The Board of Trustees has created the PAC as a formal way to include parent perspectives in the district's decision-making process. PAC members actively reach out to engage families in district policy discussions and to represent parent concerns to district leaders. The PAC also supports parents to participate in school site and district-level governance. The first meeting is scheduled for Thursday, October 18, 2018 at 6:00PM in the MPR.



## Desayuno con el Director



Marquen sus calendarios, nuestro “Desayuno con el Director” mensual está programado para el segundo martes de cada mes. Por favor, únase con nosotros en la cafetería a las 8:30AM para hablar de información importante de la escuela y hacer preguntas. Este evento está abierto a todos (los niños pequeños son bienvenidos), y es una gran manera de aprender más acerca de Mesa, dar su opinión, e interactuar con la administración y otros padres en un ambiente informal.

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## Comites de Padres

### Consejo del Sitio Escolar (SSC por sus siglas en Inglés)

El Concilio del Sitio Escolar (SSC) desempeña un papel importante en la toma de decisiones en de decisiones en Mesa Union. El Concilio del Sitio Escolar (SSC) es un grupo de maestros, padres y administración y miembros de la comunidad que trabajan juntos para desarrollar y monitorear el plan de mejoramiento de la escuela. El Concilio del Sitio Escolar (SSC) se reúne concurrentemente con el Comité Consultivo del idioma de Inglés (ELAC por sus siglas en Inglés). Si está interesado, por favor devuelva la forma de elección que está adjunta a la oficina de la escuela no más tardar del viernes, 12 de octubre del 2018.



### Comité Consultivo del Idioma de Inglés (ELAC por sus siglas en Inglés)

El propósito del Comité Consultivo del Idioma de Inglés (ELAC) es asesorar al Director y al personal de la escuela sobre programas y servicios para aprendices de Inglés y SSC sobre el desarrollo del Plan Único de la Escuela para el Logro Estudiantil. El Comité Consultivo del Idioma de Inglés (ELAC) se reúne concurrentemente con el Concilio del Sitio Escolar (SSC).

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### Comité Consultivo para Aprendices de Inglés (PELAC por siglas en Inglés)

Comité Consultivo para Aprendices de Inglés (PELAC)  
Las reuniones están abiertas a todos los padres de Estudiantes Aprendices de Inglés, La primer reunión está programada para el jueves, 18 de octubre del 2018 a las 8:40AM en el laboratorio de computadoras.



### Comité Consultivo de Padres (PAC por sus siglas en Inglés)



El Comité Consultivo de Padres (PAC) asesora a la Junta de Educación de MESA Union de la perspectiva de los padres y proporciona recomendaciones sobre asuntos del distrito escolar. La Junta de Educación ha creado PAC como una forma formal de incluir las perspectivas de los padres en el proceso de toma de decisiones del distrito. Los miembros de PAC activamente se involucran en discusiones de políticas del distrito y representan preocupaciones de los padres a los líderes del distrito. PAC también apoya a los padres a participar en el sitio escolar y el gobierno del distrito. La primer reunión está programada para el jueves, 18 de octubre del 2018 a las 6:00PM en el salón de Multiusos (MPR).

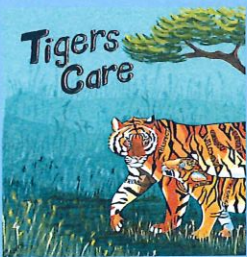




**DonorsChoose.org**

*Support a classroom. Build a future.*

Help our school by supporting this Mesa Union classroom project <http://bit.ly/MUDCshed>



Play is FUNdamental!

Help us give our students a new storage shed for their recess and adaptive PE equipment.

¡El juego es fundamental!

Ayúdenos a darles a nuestros estudiantes un nuevo cobertizo de almacenamiento para sus equipos de recreo y PE adaptativo.

Ayuda a nuestra escuela apoyando este proyecto de aula Mesa Union

<http://bit.ly/MUDCshed>

*¡muchas gracias!*

THANK  
YOU!

**ABOUT DonorsChoose**

DonorsChoose.org is an online charity that makes it easy for anyone to help students in need. It was started in April 2000 by a public school teacher in the Bronx as a way to help students and teachers get much needed supplies in the classroom. Public school teachers from every corner of America post classroom project requests on the site, and donors give any amount to the project of their choice. When a project reaches its funding goal, materials are shipped to the school. To date, over 340 million dollars have been raised helping over 15 million students nationwide.





Ventura County Special Education Local Plan Area (SELPA)  
Emily Mostovoy-Luna, Assistant Superintendent  
Presents...

## Parent Info Alert: How will my child participate in state testing?

*What test will they take this year? How will they participate? What supports are available?*

### **PRESENTED BY:**

Joanna Della Gatta, Director, Technical Support and Transition  
Ventura County SELPA

### **Target Audience: Parents and Caregivers**

Date: February 28, 2019  
Time: 4:00 pm – 5:00 pm  
Location: Ventura County Office of Education  
Conference and Educational Services Center  
Santa Paula Room  
Location Address: 5100 Adolfo Road, Camarillo CA 93012



**NOTICE:** This workshop requires online registration

Go to <http://vcoe.k12oms.org/> to create an OMS account

If you already have an account go to <http://vcoe.k12oms.org/1630-163453> to register.

If you are having trouble accessing the system or you do not have computer access, please call (805) 437-1560 or Email: Barbara Rush at [Brush@vcoe.org](mailto:Brush@vcoe.org)

This event is **FREE**, but your RSVP helps us to plan!

Please register at least seven days in advance.

*Spanish or Sign-Language Interpretation must be reserved at least seven (7) days prior to the event*



**ATTENTION  
KINDERGARTEN  
AND TRANSITIONAL  
KINDERGARTEN  
PARENTS  
2019-2020**

**MESA SCHOOL  
ROUND-UP/TEA**

**WILL BE**

**TUESDAY**

**MARCH 5, 2019**

**1:00 P.M.**

**MESA CAFETERIA**

**PARENTS ARE ENCOURAGED TO BRING THEIR CHILD TO THE  
ROUND-UP TEA. WE LOOK FORWARD TO MEETING YOU!**



**ATENCION  
PADRES DE NUEVOS  
ALUMNOS DE  
KINDERGARTEN  
2019-2020**

**LA ESCUELA MESA TENDRA  
UNA JUNTA INFORMATIVA  
EL  
MARTES  
5 DE MARZO DE 2019  
1:00 P.M.  
EN LA CAFETERIA**

**SE LES PIDE QUE VENGA SU  
HIJO/HIJA PARA CONOCERLOS!**





# "Mesa Challenge" 2019 T-Shirt Order Forms

Our Mesa Challenge (Color Fun Run) isn't until March 22nd, 2019, but we *already* need your support! T-shirts are being designed now and you can help - be a business sponsor and/or student/family sponsor!

**Option 1: MARKET YOUR BUSINESS!!!** Put your company's logo on the back of the shirt for \$500 OR if you don't have your logo, add your company name in bold text for \$300!

Please provide artwork/logo in a PDF format via email to [mesachallenge@mesapfo.org](mailto:mesachallenge@mesapfo.org).

\*Note: business logo/name does not count towards prizes.

COMPANY NAME: \_\_\_\_\_

Contact: \_\_\_\_\_

Phone number: \_\_\_\_\_

**Option 2: SPONSOR YOUR CHILD(REN)!** Put your student's name OR your family's last name on the front of the shirt! Only \$50 per name/family name!

\*Note: name sponsorship does not count towards prizes.

CHILD NAME(s): \_\_\_\_\_

\_\_\_\_\_

Parent name: \_\_\_\_\_

Phone number: \_\_\_\_\_

**Option 3: PARENTS, BUY YOUR OWN SHIRT! SHOW SCHOOL SPIRIT!** Purchase your own shirt for only \$10 each (2X large \$15). Will be delivered the week of the event.

Parent name: \_\_\_\_\_

Child's name AND teacher: \_\_\_\_\_

Size / quantity: adult small\_\_\_ adult med\_\_\_ adult large\_\_\_ adult x-large\_\_\_ adult 2x large\_\_\_

Phone number: \_\_\_\_\_

**AS PART OF THEIR PARTICIPATION IN THE EVENT, ALL STUDENTS  
GET A 2019 MESA CHALLENGE T-SHIRT, NO PURCHASE NECESSARY!**

**All checks made payable to MESA UNION PFO.**

100% of the proceeds go to the Mesa Union PFO, which supports all off site field trips including Outdoor School and Catalina Island trips, teacher room funds and mini grants, athletics/team sports programs, art program, library programs, teacher/staff appreciation, event hospitality, family nights, student planners, Spelling Bee, Camarillo Academic Olympics, and much more.

**FINAL DATE to submit forms and artwork to the office is February 22nd!!!!**

Questions? Call/Text Caryn Papa 805-340-1343 or Diane Rucker 805-469-5121





# Rio Mesa High School

Incoming Freshman Enrollment,  
Registration, and Information Night



Thursday, March 7, 2019

or

Wednesday, March 13, 2019

RMHS Gymnasium

- 5:30 - 5:55** An early opportunity to turn in *completed* enrollment & registration paperwork for 2019-2020
- 6:00 - 6:30** Welcome, Introductions and General Meeting
- 6:30 - 7:00** RMHS Activities, Clubs, Programs and Sports Fair  
Continue to turn in completed enrollment & registration paperwork

**For your enrollment package to be complete,  
please bring the following items:**

- ◆ Completed course selection registration form
- ◆ Completed OUHSD Enrollment forms
- ◆ **Copy** of your student's birth certificate
- ◆ **Copy** of your student's immunization records
- ◆ **Copy** of one of your utility bills (electric, water, gas)

# Go Spartans!



# Rio Mesa High School

## Noches del Noveno grado para información y matriculación



jueves, 7 de marzo 2019

o

miércoles, 13 de marzo 2019

El Gimnasio de RMHS

- 5:30- 5:55:** Oportunidad temprana para entregar paquete de inscripción y sus selecciones de cursos para 2019- 2020 *completados*
- 6:00- 6:30:** Bienvenida, introducciones y junta general
- 6:30– 7:00** Feria de actividades clubes, programas académicas, deportes de RMHS  
Continúe de entregar paquete de inscripción y sus selecciones de cursos completados

**Para que su paquete esté completo,**  
**por favor traigan los siguientes documentos:**

- ♦ Formulario de selección de cursos completo
- ♦ Paquete de inscripción de OUHSD completo
- ♦ **Copia** del acta de nacimiento de su hijo/a
- ♦ **Copia** de los registros de vacunas de su hijo/a
- ♦ **Copia** de una de sus cuentas de servicios públicos (electricidad, agua, gas)

# Go Spartans!

Rio Mesa High School \* 545 Central Avenue \* Oxnard, CA 93036 \* 805-278-5500



# Mesa Union PFO Accepting Board Nominations Now!

(2019-2020 School Year - Effective July 2019)



**GET INVOLVED**  
Make a Difference!



## WE NEED YOU - HELP KEEP MESA THRIVING!

Mesa Union School PFO is now accepting board officer nominations for the next 2019-2020 school year. Term is effective July 1, 2019. Elections are held at the May Annual Membership meeting.

### Board Officers Needed:

- **President**
- **Vice-President**
- **Treasurer**
- **Secretary**

Put together a team and make a difference!

Email [nominations@mesapfo.org](mailto:nominations@mesapfo.org) to submit your name or nominate a member for consideration. See rules regarding eligibility in our [Bylaws & Standing Rules](#). Nominated persons must be PFO dues paying members (you're eligible if submitted during Membership Drive at beginning of year).

Any questions? Contact the Elections/Nominations Chair Maribel Carino-Alvarez (Mesa Librarian) or any current PFO Board Officer or email above.

Mesa Union PFO is a nonprofit public 501c(3) charity. It runs like a nonprofit corporation with similar governance and reporting requirements. PFO operates on approximately a \$100,000+ budget each year dependent on fundraising goals met.

PFO provides for the general welfare of the Mesa's students and families with educational enhancement and school connectedness programs such as field trips, teacher room funds, special projects/programs, athletics funding, family nights, Carnival, hospitality, etc.

**Please note that if there is no Board elected, programs will be suspended. An interim Board may be empaneled to provide administrative oversight of business functions until a new Board is installed.**



# Mesa Union PFO Nominations Form

(2019-2020 School Year - Effective July 2019)

## PFO Officer Positions:

- 1. President.** The President will preside over meetings of the organization and Executive Board; serve as a leader and key contact for the organization; shall set the agenda for each monthly meeting, shall be an ex-officio member of all committees; coordinate the work of the officers and committees so that the purpose of the organization is served; appoint chairpersons for committees and ensure that the responsibilities of chairpersons are dutifully performed. President may sign with the Secretary or Treasurer contracts or any other instruments in transacting business in accordance with Annual Budget, programs, and actions approved by the General Membership or Executive Board.
- 2. Vice President.** The Vice President will assist the President and will perform the duties of the President in his or her absence or inability to serve. The Vice President shall perform other such duties as assigned by the President or the Executive Board.
- 3. Treasurer.** The Treasurer shall receive all monies of the organization; keep accurate records of disbursements, income, assets, and bank account information; pay out funds in accordance with approval of membership and the Executive Board; ensure that state and federal taxes are filed annually; ensure a monthly and annual audit are completed; and maintains liability insurance. Treasurer shall prepare monthly and annual financial reports. The Treasurer shall perform other such duties as assigned by the President or the Executive Board.
- 4. Secretary.** The Secretary shall keep all records of the organization, take and record minutes, handles correspondence, and post notices. The Secretary shall keep the official copy of minutes, bylaws, rules and Voting Members list. The Secretary shall perform other such duties as assigned by the President or the Executive Board.

Nominate yourself or someone else. All positions can be shared as "Co-". **Nominations must be received by March 16, 2019 and will be voted on at the PFO Annual Meeting Friday May 4, 2019.** Nominees will be contacted to ensure their interest before their name is officially placed on the ballot.

Please fill out this form and return to the front office or email your nomination to [nominations@mesapfo.org](mailto:nominations@mesapfo.org).

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I would like to nominate:

Name: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Email: \_\_\_\_\_

Position (Please Check one):

\_\_\_\_ President      \_\_\_\_ Vice-President      \_\_\_\_ Treasurer      \_\_\_\_ Secretary

Nominated by:

Your Name: \_\_\_\_\_

Phone No: \_\_\_\_\_ Email: \_\_\_\_\_





Do you have a child who ponders deeply, learns impatiently,  
feels intensely, and follows the beat of their own drum?



# Parenting Your Gifted Child

**SENG: Supporting the Emotional Needs of the Gifted**

## **SENG Model Parent Support Group**

Meetings will be on Wednesday mornings from 8:30- 10:00am

**February 20th- Sibling Relationships**

**March 13th- Honesty**

**April 10th- Underachievement**

**Mesa Union School Computer Lab**

3901 N. Mesa School Rd. Somis, CA 93066

*Many of our children have gifts, but not all students are formally identified as gifted. Some have asynchronous development: profound strengths mixed with neuro-typical, or delayed abilities creating a confusing profile. SENG groups offer parents an opportunity to share ideas, strategies and support in a relaxed setting, guided by SENG-trained facilitator. We emphasize positive parenting, avoiding power struggles, developing life skills, and enhancing relationships.*

### **Suggested reading:**

*A Parent's Guide to Gifted Children* by James Webb

*When Gifted Kids Don't Have All the Answers* by Judy Galbraith and Jim Delisle

**Please contact Michele Waggoner: [mwaggoner@mesaschool.org](mailto:mwaggoner@mesaschool.org)  
for more information and to register.**

\$10 per session donation is suggested.

**Facilitator: Cindy Hansen M.Ed., ET/P**

*"My passion for serving the twice exceptional community and gifted students began with my two very different children who became my first students and mentors." Cindy Hansen has been a SENG Model Parent Group Facilitator since 2011. She is the Parent Representative for the Pacific Region of the California Association for the Gifted and an active member in the region's Tri-County GATE Council as well as her professional certifying organization, the Association of Educational Therapists. As an Educational Therapist/Professional in private practice, Ms Hansen integrates her understanding of social-emotional skills while assisting learners and their families to embrace and grow their complex learning profiles.*

[www.CynthiaZHansen.com](http://www.CynthiaZHansen.com)





¿Tiene un niño que reflexiona profundamente, aprende con impaciencia, tiene sensaciones intensas, y sigue el ritmo de su propio tambor?



# Crianza de un Niño Dotado

SENG Apoyando las necesidades emocionales de los Dotados

## SENG Grupo Modelo de Apoyo para Padres

Las reuniones serán los miércoles por la mañana de 8:30-10:00a.m.

**February 20th- Sibling Relationships**

**March 13th- Honesty**

**April 10th- Underachievement**

Laboratorio de Computadoras de Mesa Union

3901 N. Mesa School Rd. Somis, CA 93066

Muchos de nuestros niños tienen dones, pero no todos los estudiantes son formalmente identificados como dotados. Algunos tienen *desarrollo asincrónico*: fortalezas profundas mezcladas con neurotípico, o habilidades retrasadas creando un perfil confuso. Grupos de SENG ofrecen a los padres la oportunidad de compartir ideas, estrategias y apoyo en un ambiente relajado, guiado por facilitador capacitado-SENG. Hacemos hincapié en la crianza positiva, evitando luchas de poder, desarrollo de habilidades para la vida, y mejora de las relaciones.

**Guía Para Los Padres de Niños Dotados** por James Webb

**Cuando los Niños No Tienen Todas las Respuestas** de Judy Galbraith y Jim Delisle

Por favor, póngase en contacto con Michele Waggoner:

[mwaggoner@mesaschool.org](mailto:mwaggoner@mesaschool.org) para obtener más información y para registrarse.

Se sugiere \$ 10 por sesión.

**Facilitador: Cindy M. Ed Hansen, ET / P**

*"Mi pasión por servir la comunidad dos veces excepcional y estudiantes dotados que comienzan con mis dos niños muy diferentes y se convirtieron en mis primeros estudiantes y mentores"* Cindy Hansen ha sido un facilitador del Grupo de Padres SENG Modelo desde 2011. Ella es la Representante de Padres para la región del Pacífico de la Asociación de California para los Dotados y un miembro activo en el Consejo GATE Tri-County de la región, así como su organización certificadora profesional, la Asociación de terapeutas de la Educación. Como una terapeuta educativa/profesional en la práctica privada, la señora Hansen integra su comprensión de habilidades sociales y emocionales, mientras que asisten a los estudiantes y sus familias para abrazar y hacer crecer sus perfiles de aprendizaje complejo.

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**Dear Families,**

Welcome to the Six Flags® Read to Succeed Six Hour Reading Club!

Your child's school is participating in an exciting program that encourages students in grades K through 6 to read for fun. *Read to Succeed* is a free program sponsored by Six Flags Theme Parks. Every student who completes six hours of recreational reading before the school's deadline listed on the bottom of this page is eligible for a free admission ticket, valid at the participating Six Flags Theme Park that the school has selected.

Students will develop a greater appreciation for books when they see that you think reading is important too. You are sure to have fun as you investigate the world of reading together!

**Here's what you need to know:**

- Only students in grades K through 6 are eligible to participate.
- Review the attached reading log. Your child will use this reading log to record what and how long he/she reads.
- Your child must complete 6 hours, or 360 minutes, of recreational reading.
- Please initial each entry and then sign the reading log to verify that the 6 hours, or 360 minutes, of reading has been completed.
- Your child can read books, magazines, newspapers, or comic books (digital or hard copy). Reading for homework or a class assignment does NOT count.
- Students can read silently, aloud, or with an adult—you can read to your child, or your child can read to you.
- Remind your child to return the reading log to his/her teacher by the due date that the teacher has written on the reading log. Your child's school will submit your child's information and hours read.
- Late entries will NOT be accepted.

**About the Tickets**

- Tickets will be awarded to students by their teacher/school coordinator in May. Please make sure your child's teacher has awarded the ticket to your child by the end of the school year.
- The ticket is valid for admission to **ONE** Six Flags theme park on **SELECT DATES ONLY** during the 2019 season. Park name and valid dates will be printed on the tickets. Please understand that the school can only select one Six Flags Theme Park. The ticket will only be valid for the park that is listed on the ticket. The valid dates will not be announced prior to the ticket award date in early May.
- Tickets are valid for students in grades K-6 only and are not valid for anyone over the age of 13. No exceptions.
- Each ticket is valid for **one** free student admission only.
- A Season Pass upgrade offer will be available during the ticket valid dates. The upgrade offer information will be printed on the ticket.
- Tickets are **NOT** for resale and are **nontransferable**.
- They **cannot** be replaced if lost, stolen or damaged.

We hope that you and your child enjoy this free program and spend time reading together. If you have any questions about the program or have ticket questions, you will need to contact your child's teacher or school before the school year is over.

**Happy Reading!**

The Six Flags® Read to Succeed Team

School Deadline, please return the reading log to the teacher by:

Friday, February 22, 2019



**Estimado Padre,**

¡Bienvenido al Club de Lectura de seis horas de Six Flags® Read to Succeed!

La escuela de su hijo está participando en un programa muy interesante para motivar a los niños en los grados de K a 6 para que lean para divertirse. *Read to Succeed* es un programa gratuito de Six Flags Theme Parks. Cada estudiante que complete seis horas de lectura recreativa antes de la fecha límite de la escuela que está indicada abajo, es elegible para recibir una entrada gratuita válida en los parques temáticos de Six Flags participantes. Los estudiantes van a desarrollar un mayor aprecio por los libros cuando vean que usted también piensa que la lectura es importante. Ustedes se van a divertir mientras exploran el mundo de la lectura ¡juntos!

**Esto es lo que necesita saber:**

- Sólo los estudiantes en los grados de K a 6 son elegibles para participar en el Club de Lectura.
- Revise el registro de lectura de los estudiantes. Su hijo debe usar esta hoja para registrar qué y cuánto tiempo él/ella lee.
- Su hijo debe completar 6 horas, o 360 minutos de lectura recreativa. Ponga sus iniciales en cada entrada y luego firme el registro de lectura para verificar que las seis horas de lectura se han completado.
- Su hijo puede leer libros, revistas, periódicos o cómics. Lo que no cuenta es cualquier lectura que su hijo debe hacer para la tarea o un trabajo de clase.
- Los niños pueden leer en silencio, en voz alta, o con un adulto, usted puede leer a su hijo, o su hijo puede leerle a usted.
- Recuérdele a su hijo que devuelva el registro de lectura a su maestro / maestra en la fecha del formulario. No se aceptarán las inscripciones fuera de plazo.

**Acerca de las Entradas**

- Las entradas serán distribuidas a los estudiantes por su profesor/coordinador.
- La entrada es válida para la admisión a **un** parque temático Six Flags **en fechas específicas** durante la temporada 2019. Las fechas serán incluidas en las entradas.
- Las entradas son válidas para los estudiantes de los grados K - 6, sólo y no lo válidas para cualquier persona mayor de 13 años de edad. Sin excepciones.
- Cada entrada es válida para una admisión de estudiante gratis solamente.
- Un Pase Anual oferta de actualización estará disponible durante las fechas de las entradas válidas. La información de oferta de actualización será impreso en la entrada.
- Las entradas no son para reventa ni son intransferibles.
- No pueden remplazarse en caso de pérdida, robo o daño.

Esperamos que usted y su hijo disfruten de este programa gratuito y pasen buenos momentos leyendo juntos. Si usted tiene alguna pregunta sobre el programa o si tiene preguntas de entradas, tendrá que ponerse en contacto con el maestro o la escuela de su hijo antes del año escolar ha terminado.

**¡Feliz lectura!**

Por favor motive a su hijo para completar las seis horas de lectura recreativa y devuelva el registro de lectura a su maestro/maestra por:

**Viernes, 22 de Febrero 2019**





# 2018-2019 STUDENT READING LOG

Complete and return this  
sheet to your teacher by:  
**Friday, Feb 22, 2019**

(Teacher/Coordinator to fill in due date)

**Student Name** (first and last name): \_\_\_\_\_

**School:** \_\_\_\_\_

**Grade:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_

Welcome to the Six Flags® Read to Succeed Six Hour Reading Club!

To participate, you need to read for fun for a total of 6 hours or 360 minutes. You can read books, magazines, newspapers, eBooks or comic books. Reading for homework or a class assignment does NOT count.

This log will help you keep track of all your reading. List what you read and the time you spend reading (use the back of this sheet if necessary). Have a parent or teacher initial this log. When you reach the goal, return this log to your teacher by the date listed above in order to qualify for a free ticket to a Six Flags® theme park. Your ticket will be given to you by your teacher/school coordinator.

Date	What I Read	Time	Parent/Teacher Initials
<b>Total Amount of Time Read (Must be at least 6 hours or 360 minutes)</b>			

Please use the back of this page or additional sheets, if needed.

Parents, if you have any program or ticket questions, you will need to contact your child's teacher or school.

I certify that student named above has completed 6 hours of recreational reading.

I am aware that the one free admission ticket that my child will receive is valid only at ONE participating Six Flags® theme park on **select dates** during the 2019 season. Dates will be included on the tickets. I also understand that late entries will not be accepted, and tickets are NOT valid for anyone over age 13, are not for resale and cannot be replaced if lost, stolen or damaged.

\_\_\_\_\_  
Parent/Teacher Initials



# 2018-2019 Diario de Lectura del Estudiante

Por favor, completa tus seis horas de lectura y devuelve esta hoja a tu maestro por:  
**Viernes, 22 de febrero,**  
(Fecha a ser llenada por el maestro o el coordinador)

**Nombre del estudiante** (nombre y apellido): \_\_\_\_\_

**Escuela:** \_\_\_\_\_

**Grado:** \_\_\_\_\_ **Maestro:** \_\_\_\_\_

¡Bienvenido al Club de Lectura de seis horas de Six Flags® Read to Succeed! Para participar, necesitas leer para divertirte por un total de seis horas. Puedes leer libros, revistas, periódicos o cómics. No cuenta la lectura hecha para tu tarea o para un trabajo de clase.

Este formulario te ayudará a mantener un registro de todas tus lecturas. Haz una lista de lo que lees y del tiempo que dedicas a la lectura. (Usa el reverso si es necesario.) Que uno de tus padres o un maestro ponga sus iniciales en esta esta página cada vez que leas. Lee por lo menos 6 horas o 360 minutos. Al llegar a este objetivo, que uno de tus padres o tutor firme el formulario. Entonces, devuélvelo a tu maestro por la fecha indicada más arriba con el fin de calificar para una entrada gratis para un parque temático de Six Flags. Tu entrada te la dará tu maestro/coordinador.

Fecha	Lo Que He Leído	Cuanto Tiempo Leyendo	Iniciales del padre/maestro
<b>Cuanto tiempo de lectura (debe ser por lo menos 6 horas o 360 minutos)</b>			

Por favor use el reverso de esta página o páginas adicionales, si es necesario.

Los padres, si tiene alguna pregunta o programa de venta de entradas, tendrá que comunicarse con el maestro o la escuela de su hijo.

Yo certifico que el estudiante nombrado arriba ha completado seis horas de lectura recreativa. También soy consciente de que la entrada gratuita que recibirá mi hijo sólo es válida en los parques temáticos participantes Six Flags en fechas específicas durante la temporada 2019. Las fechas serán incluidas en las entradas. También entiendo que no se aceptará la inscripción fuera de plazo, y que las entradas no son válidas para cualquier persona mayor de 13 años de edad, ni son para reventa, ni se pueden reemplazar en caso de pérdida, robo o daño.

\_\_\_\_\_  
Iniciales del padre/madre o tutor



USYVL presents

# Camarillo Youth Volleyball

Volleyball Starts Here!



## Pleasant Valley Community Center

1605 E. Burnley St.  
Camarillo, CA 93010

Starts Wed., April 03, 2019  
Wednesdays 6:00 - 7:00 PM and  
Saturdays 9:00 - 10:00 AM

## SIGN UP NOW FOR SPRING!

- 8 weeks of instruction in a safe, fun and encouraging environment.
- 4 coed age divisions for boys & girls, 7-15.
- Registration price includes a volleyball, t-shirt and participation award.

## PLAN AHEAD AND SAVE.

Early: \$150 due by 12/1/2018

Regular: \$175 until 3/1/2019

Late: \$195 until 4/1/2019

Multiple child family discount and financial aid available to those who qualify.

Register online at  
**usyvl.org**

## Make A Difference. Volunteer.

USYVL depends on volunteers. We provide training & support and respect your time. There's no feeling quite like helping a child learn, so volunteer today!

UNITED STATES YOUTH



VOLLEYBALL LEAGUE



# February 2019

## Mesa Union School

### BREAKFAST

**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke artichoke hearts.

This institution is an equal opportunity provider.



Menus subject to substitutions. Breakfast is served before school during all morning recesses. All meals are served with choice of regular or nonfat TruMoo Chocolate milk. Milk and water are sold school. Please be sure to keep your student's accounts positive at times. Let me know if you have questions or concerns. Thank



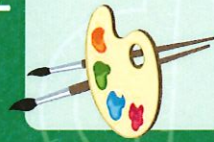
### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



4  
Mini Bagelful  
Bananas  
Milk

5  
Pancakes  
Pears  
Milk

6  
Yogurt  
Chocolate Muffins  
Peaches  
Milk

7  
Apple Frudel  
Applesauce  
Milk

8  
Cereal  
Apple Juice  
Oranges  
Milk

11  
Staff Development Day  
No School

12  
French Toast  
Bananas  
Milk

13  
Yogurt  
Chocolate Muffins  
Peaches  
Milk

14  
Chocolate Crescents  
Pears  
Milk

15  
Cereal  
Apple Juice  
Oranges  
Milk

18  
President's Day  
No School

19  
Mini Cinnamon Roll  
Banana  
Milk

20  
Yogurt  
Chocolate Muffins  
Peaches  
Milk

21  
French Toast  
Pears  
Milk

22  
Cereal  
Apple Juice  
Oranges  
Milk

25  
Cherry Frudel  
Bananas  
Milk

26  
Waffles  
Pears  
Milk

27  
Yogurt  
Chocolate Muffins  
Peaches  
Milk

Pancakes  
Applesauce  
Milk





# February 2019

## Mesa Union School

### LUNCH

Menu subject to substitutions. All meals served with choice of 1% regular or nonfat TruMoo chocolate milk. Salad bar is offered to all students at lunch. Water and Milk are sold during the school day. Snack bar is open after school. Please be sure to keep your student's student's account positive at all times. Let me know if you have any questions. Thanks, Debbie @ dsusse@mesaschool.org



Nutrition Tip: Practice stealth health - sneak veggies into favorite light on the meat and top your pizza with vegetables like tomatoes, bell peppers, mushrooms, zucchini, and artichoke hearts.

This institution is an equal opportunity provider.



#### Monday



**4**  
Spaghetti  
Garlic Bread  
Broccoli and Bananas  
Milk  
Salad Bar

**11**  
**Staff Development Day**  
**No School**

**18**  
**President's Day**  
**No School**

**25**  
Mac-N-Cheese  
Chili  
Bananas  
Milk  
Salad Bar

#### Tuesday

**5**  
Grilled Cheese Sandwich  
Carrots  
Peaches  
Milk  
Salad Bar

**12**  
Sub Sandwich  
Bananas  
Carrot Stix  
Milk  
Salad Bar

**19**  
Hotdogs  
Carrots  
Bananas  
Milk  
Salad Bar

**26**  
Bean & Cheese Burrito  
Spanish Rice  
Carrot Stix and Peas  
Milk  
Salad Bar

#### Wednesday

**6**  
Corn dogs  
Baked Fries  
Pears  
Milk  
Salad Bar

**13**  
Mini Corn dogs  
Baked Fries  
Applesauce  
Milk  
Salad Bar

**20**  
Chicken Nuggets  
Corns  
Pears  
Milk  
Salad Bar

**27**  
Corn dogs  
Baked Fries  
Applesauce  
Milk  
Salad Bar

#### Thursday

**7**  
BBQ Chicken Sandwich  
Carrot Stix  
Apple Slices  
Milk  
Salad Bar

**14**  
Chicken and Rice  
Burritos  
Broccoli  
Pears  
Milk and Salad Bar

**21**  
Orange Chicken  
Carrots  
Orange Slices  
Milk  
Salad Bar

**28**  
BBQ Beef Sandwich  
Peaches  
Carrots  
Milk  
Salad Bar

#### Friday

**1**  
Pizza Day  
Carrots  
Peaches  
Milk and Jello  
Salad Bar

**8**  
Pizza Day  
Corn  
Peaches  
Milk and Jello  
Salad Bar

**15**  
Pizza Day  
Carrots  
Peaches  
Milk and Jello  
Salad Bar

**22**  
Pizza Day  
Broccoli  
Peaches  
Milk and Jello  
Salad Bar

