



# MESA MATTERS



Honor the past, live in the present, drive to the future.... The Mesa Way!

March 4, 2019

## Upcoming Events

Mon Mar 4	Kindness Club 2:45PM-3:45PM - Library
Tue Mar 6	Early Dismissal 1:00 PM grades TK-3; 1:05 PM grades 4-8
Tue Mar 6	Battle of the Books Competition 6:00PM - MPR
Tue Mar 12	Coffee with the Principal 8:30AM - cafeteria
Tue Mar 13	Early Dismissal 1:00 PM grades TK-3; 1:05 PM grades 4-8
Wed Mar 14	PELAC Meeting 8:40AM - School Office
Wed Mar 14	Parent Advisory Committee Meeting 6:00PM - Library
Thu Mar 18	NO SCHOOL Teacher Professional Development Day
Thu Mar 19	District Board Meeting 6:30 PM - MPR
Thu Mar 20	Early Dismissal 1:00 PM grades TK-3; 1:05 PM grades 4-8
Fri Mar 22	Mesa Challenge (Jog-a-Thon) Grades TK-2 8:45AM; Grades 3-8 1:15PM

Please look at our website, Twitter, Instagram, and Facebook pages for the latest news and updates, and read the Mesa Matters weekly.

School Website:

[mesaschool.org](http://mesaschool.org)

Twitter:

[@MesaUnionSchool](https://twitter.com/MesaUnionSchool)

[@turnersupt](https://twitter.com/turnersupt)

[@Kim\\_Kuklenski](https://twitter.com/Kim_Kuklenski)

Instagram: [mesaschooldistrict](https://www.instagram.com/mesaschooldistrict)

Facebook: [Mesa Union School](https://www.facebook.com/MesaUnionSchoolDistrict)

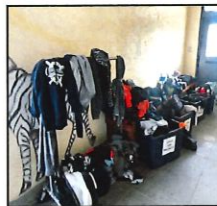
District



## School Message

Hello Mesa Families,

Mesa Union School is committed to keeping our students safe while online. Please read the attached information regarding the latest social media "challenge" and the importance of monitoring, communicating, and working with our children when it comes to dealing with Internet safety.



We have an enormous amount of jackets, sweaters, and various other items in our Lost and Found. If your child is missing anything, please come check the Lost and Found (located in the Kindergarten courtyard between rooms 1 and 2) by **Friday, March 8th**. After this date, all unclaimed items will be donated to the Goodwill.

Parents, please remember to sign in at the school office when you need to drop off items to your child. Please do not go directly to the classroom. Thank you for your cooperation and protecting valuable instructional time.



### ATTENTION 8TH GRADE PARENTS!!!

Please check Mesa Matters weekly for important dates, deadlines, and meetings regarding Oxnard Union High School District information:

- Rio Mesa Incoming Freshmen Enrollment Night - March 7, 2019 OR March 13, 2019 (see attached flier)
- Rio Mesa Open House - March 27, 2019; 6:00PM (see attached flier)

Are you a **NEW** family to OUHSD?

(A new family has **NOT** had a student attend OUHSD in the last 5 years)

Enroll your 8th grader by visiting

[www.oxnardunion.org/enroll](http://www.oxnardunion.org/enroll)





# MESA MATTERS



Honor the past, live in the present, drive to the future.... The Mesa Way!

4 de marzo del 2019

## Próximos Eventos

.un. Mar 4	Club de la Bondad 2:45PM-3:45PM - Biblioteca
lié. Mar 6	Los Estudiantes Salen Temprano 1:00 PM grados TK-3; 1:05 PM grados 4-8
lié. Mar 6	Concurso de la Batalla de los Libros 6:00PM - En el MPR
Mar. Mar 12	Café con el Director 8:30AM - En la cafetería
lié. Mar 13	Los Estudiantes Salen Temprano 1:00 PM grados TK-3; 1:05 PM grados 4-8
lue. Mar 14	Reunión de PELAC 8:40AM - En la Oficina de la Escuela
lue. Mar 14	Reunión del Comité Consultivo de Padres 6:00PM - Biblioteca
.un. Mar 18	NO HAY CLASES Teacher Professional Development Day
Mar. Mar 19	Reunión de la Mesa Directiva 6:30 PM - MPR
lié. Mar 20	La Escuela Sale Temprano 1:00 PM grados TK-3; 1:05 PM grados 4-8
vie. Mar 22	Desafío de Mesa (Carrera) Grados TK-2 8:45AM; Grados 3-8 1:15 PM

Por favor consulte las páginas de nuestro sitio web, Twitter, Instagram, y Facebook para la últimas noticias y actualizaciones, y lea Mesa Matters semanalmente.

Sitio Web Escolar:  
mesaschool.org

Twitter:

@MesaUnionSchool

@jturnersupt

@Kim\_Kuklenski

Instagram: mesaschooldistrict

Facebook: Mesa Union School District



## Mensaje de la Escuela

Hola Familias de Mesa,

La Escuela de Mesa Union se compromete en mantener a nuestros estudiantes seguros mientras están usando el internet. Por favor lea la información adjunta sobre el último "desafío" de las redes sociales y la importancia de monitorear, comunicar y trabajar con nuestros hijos cuando se trata de lidiar con la seguridad en el Internet.



Tenemos una enorme cantidad de chamarras, suéteres, y varios artículos en el lugar de Objetos Perdidos. Si a su hijo/a le hace falta algo, por favor venga a ver el lugar de Objetos Perdidos (ubicado en el patio de Kinder entre los salones 1 y 2) **viernes 8 de marzo**. Después de esta fecha, todos los artículos no reclamados serán donados.



Padres, por favor recuerden de registrarse en la oficina de la escuela cuando necesite dejar artículos a su hijo. Por favor no vaya directamente al salón. Gracias por su cooperación y por proteger el tiempo valioso de enseñanza.



¡¡¡ATENCIÓN PADRES DEL 8° GRADO!!!

Por favor lea Mesa Matters semanalmente para fechas importantes, plazos, y juntas e información sobre el Distrito Escolar de Oxnard Union High:

- Noche de Inscripción de los estudiantes entrantes a Rio Mesa - 7 de marzo del 2019 O 13 de marzo del 2019 (ver el volante adjunto)
- Puertas Abiertas de Rio Mesa (Open House) - 27 de marzo del 2019; a las 6:00PM (ver el volante adjunto)

¿Son una NUEVA familia al OUHSD?

(Una familia nueva es alguien que **NO** haya tenido a un estudiante en OUHSD en los últimos 5 años)

Inscribe a su hijo de 8° grado visitando

[www.oxnardunion.org/enroll](http://www.oxnardunion.org/enroll)



## **Internet Safety**

A recent social media challenge targeting children and young adults that may be a hoax, called the “Momo Challenge,” has created concern throughout the country due to its disturbing nature. The “Momo Challenge,” a game found on Facebook, YouTube, and the app WhatsApp, features a frightening avatar who asks its viewers to perform various tasks and provide photos as proof. The “Momo” threatens those who do not perform the tasks.

We recommend you talk to your child about these kinds of challenges, in a way that you feel is appropriate for their age and understanding. We also recommend you monitor what your child is watching and screen the videos, even if they appear to be safe, to ensure their viewing does not include harmful messages.

At school, there are many security measures in place to keep students safe while using the district’s technology devices. Students are not permitted to access sites that have been deemed dangerous and students are monitored by school staff while using technology devices.

You can learn more by visiting

[nationalonlinesafety.com/resources/platform-guides/momo-online-safety-guide-for-parents/](https://nationalonlinesafety.com/resources/platform-guides/momo-online-safety-guide-for-parents/)

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## **Seguridad del Internet**

Un reciente desafío en las redes sociales dirigido a niños y jóvenes llamado “Momo Challenge,” ha creado una preocupación en todo el país debido a su naturaleza perturbadora. El “desafío Momo”, un juego que se encuentra en Facebook, YouTube, y la aplicación WhatsApp, el personaje espantoso le pide a sus espectadores que realicen varias tareas y que proporcionen fotos como prueba. El “Momo” amenaza a las personas que no realizan las tareas.

Le recomendamos que hable con sus hijos acerca de este tipo de desafíos, de una manera que usted sienta que es lo apropiado de acuerdo con la edad y comprensión. También le recomendamos que supervise lo que su hijo está viendo y los videos, aunque parecen ser seguros, para garantizar que su visualización no incluye mensajes dañinos.

En la escuela, tomamos varias medidas para mantener a los estudiantes seguros mientras utilizan los dispositivos de tecnología. Los estudiantes no tienen permitido a tener acceso a sitios que son considerados peligrosos y los estudiantes son monitoreados por el personal de la escuela mientras usan dispositivos tecnológicos.

Puede obtener más información visitando

[nationalonlinesafety.com/resources/platform-guides/momo-online-safety-guide-for-parents/](https://nationalonlinesafety.com/resources/platform-guides/momo-online-safety-guide-for-parents/)

## School Attendance

### **Congratulations!!!**

The following classes won the Attendance Award and were honored at the TK-5 Student of Month assembly for having the highest attendance rate for the month of February:



the

**Mrs. Garza 95.65%**

**Ms. Williams 96.46%**

**Mrs. Catlett 96.95%**

Also, a big congrats to the following students. They are the winners of the perfect attendance raffle, and will enjoy lunch at Toppers Pizza with Mr. Turner and Ms. Kuklenski!

#### Grades TK-1

Jaylene Lopez  
Xander Avelar  
Otto Hampton

#### Grades 2-3

Ava Lara  
Noah Alcantar  
Riley Espinosa

#### Grades 4-5

Abel Morales  
Gabriel Mercado  
Ian Toreja

Getting your child to school on time is imperative. Every minute in school counts, and students that are tardy miss valuable instructional time at the start of each school day. California law requires that students attend school regularly and **punctually**.

**Please be advised of the start times: Grades 4-8 begin at 8:10AM and Grades TK-3 begin at 8:25AM.**

**Our attendance and tardy goal is to have 97%** of our students present and on time every day. For the month of February our school wide attendance rate was %. Let's continue to improve our attendance and tardy rates for the month of March.

## Asistencia Escolar

### **¡¡Felicidades!!!**

Las siguientes clases ganaron el Premio de Asistencia y fueron homenajeados en la Asamblea del Estudiante del Mes de TK-5 por tener la asistencia más alta para el mes de enero:



**Sra. Garza 95.65%**

**Sra. Williams 96.46%**

**Sra. Catlett 96.95%**

La siguiente clase ganó el Premio de Asistencia y fueron honrado en la

¡Además, una gran felicitación a los siguientes estudiantes. Son los ganadores de la rifa de asistencia perfecta, y disfrutarán de un almuerzo con el Sr. Turner y la Srta. Kuklenski!

#### TK-1 Grados

Jaylene Lopez  
Xander Avelar  
Otto Hampton

#### 2-3 Grados

Ava Lara  
Noah Alcantar  
Riley Espinosa

#### 4-5 Grados

Abel Morales  
Gabriel Mercado  
Ian Toreja

Es imperativo hacer que su hijo llegue a la escuela a tiempo. Cada minuto en la escuela cuenta, y los estudiantes que llegan tarde pierden tiempo valioso de aprendizaje al comienzo de cada día escolar. La ley de California requiere que los estudiantes asistan a la escuela regularmente y **puntualmente**.

**Por favor tenga en cuenta los horarios de comienzo de la escuela: Grados 4-8 comienzan a las 8:10AM y Grados TK-3 comienzan a las 8:25AM.**

**Nuestra meta de asistencia y tardanzas es tener el 97%** de nuestros estudiantes que estén presentes y a tiempo todos los días. Para el mes de febrero la tasa de asistencia en toda la escuela fue de . Hagamos un esfuerzo para mejorar nuestras tasas de asistencia y tardanzas para el mes de marzo .



## PAWS-itive Behavior Referral Recognition

Congrats to our PAWS-itive Behavior Referral recipients for the month of February. These students were recognized by Mesa Union School staff and administration for going above and beyond and demonstrating our Guidelines for Success.

***Great job and keep up the good work! We are so proud of you!***

MJ Dickey ( <i>Kindergarten</i> )	Olivia Dryden ( <i>3rd grade</i> )
Emi Hamlyn ( <i>Kindergarten</i> )	Julianna Paleo ( <i>4th grade</i> )
Jayleen Arreguin ( <i>1st grade</i> )	Ethan Jones ( <i>4th grade</i> )
Antonella Garcia ( <i>1st grade</i> )	Quinn Hampton ( <i>4th grade</i> )
Mason Gallegos ( <i>1st grade</i> )	Hannah Bautista ( <i>4th grade</i> )
Ayden Andrade-Orozco ( <i>1st grade</i> )	Jackson Walea ( <i>7th grade</i> )
Jacob Hernandez ( <i>1st grade</i> )	Krystal Andrade ( <i>7th grade</i> )
Kaitlyn Chandler ( <i>1st grade</i> )	Kristin Rosenmund ( <i>8th grade</i> )
Ivan Vallejo ( <i>3rd grade</i> )	Janessa Mares ( <i>8th grade</i> )
Janet Flores ( <i>3rd grade</i> )	

**Guidelines for Success**

- Take Responsibility**
- Interact Positively**
- Grow Continuously**
- Engage in Learning**
- Respect One Another and the Environment**
- Strive for Our Best**



## Reconocimiento de Referencia de comportamiento PAWS-itivo

Felicidades a nuestros destinatarios de Referencias de Comportamiento PAWS-itivo para el mes de febrero. Estos estudiantes fueron reconocidos por el personal y la administración de la Escuela de Mesa Union por demostrar demostrar nuestras Directrices para el Éxito.

***¡Muy buen trabajo y mantengan el buen trabajo! ¡Estamos muy orgullosos de ustedes!***

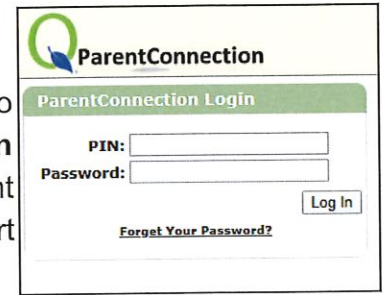
MJ Dickey ( <i>Kindergarten</i> )	Olivia Dryden ( <i>3rd grade</i> )
Emi Hamlyn ( <i>Kindergarten</i> )	Julianna Paleo ( <i>4th grade</i> )
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**Guidelines for Success**

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- Strive for Our Best**

## Parent Connect - Q

Parent Connect is a web application that provides parents with direct access to student data via the Internet. Using a confidential PIN (**Personal Identification Number**) and password, parents can connect to the school district's student database and view their child's progress reports, attendance records, report cards, transcripts, and more.

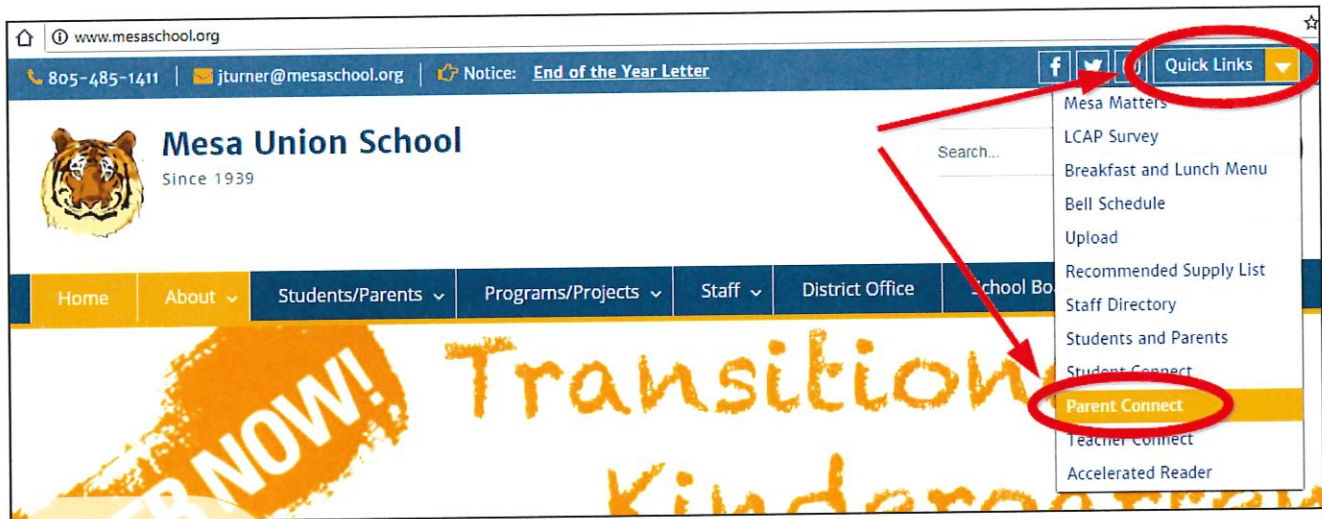


The screenshot shows the ParentConnection Login interface. It features a green header with the ParentConnection logo and the text "ParentConnection Login". Below the header, there are two input fields: "PIN:" and "Password:". To the right of the Password field is a "Log In" button. Below the input fields is a link that says "Forget Your Password?".

You can access Parent Connect from [www.mesaschool.org](http://www.mesaschool.org), by clicking on the "**Quick Links**" tab in the top right hand side, drop down menu bar and selecting "**Parent Connect**". Please contact the office to obtain your PIN and password.

Parent Connect es una aplicación de web que proporciona a los padres acceso directo a los datos de los alumnos a través del Internet. Utilizando el PIN (**Número de Identificación Personal**) y la contraseña, los padres se pueden conectar a la base de datos estudiantiles del distrito escolar y ver los registros de asistencia, las boletas de calificaciones, las transcripciones y más.

Usted puede acceder Parent Connect en [www.mesaschool.org](http://www.mesaschool.org), haciendo clic en la pestaña "**Quick Links**" en la parte superior en el lado derecho, desplégue la barra de menú y seleccione "**Parent Connect**". Por favor contacte la oficina para obtener su PIN y contraseña.



The screenshot shows the website for Mesa Union School. The browser address bar displays "www.mesaschool.org". The page header includes contact information: "805-485-1411" and "jturner@mesaschool.org", along with a notice: "End of the Year Letter". The school logo, featuring a tiger, is on the left, with the text "Mesa Union School Since 1939". A navigation menu is located below the header, with items: "Home", "About", "Students/Parents", "Programs/Projects", "Staff", "District Office", and "School Board". The "Quick Links" dropdown menu is open, showing a search bar and a list of links: "Mesa Matters", "LCAP Survey", "Breakfast and Lunch Menu", "Bell Schedule", "Upload", "Recommended Supply List", "Staff Directory", "Students and Parents", "Student Connect", "Parent Connect", "Teacher Connect", and "Accelerated Reader". Red circles highlight the "Quick Links" dropdown and the "Parent Connect" link. A red arrow points from the "Parent Connect" link in the dropdown to the "Transition" text in the main content area.



# **MESA "OLDIES" SPIRIT DAY**



**Grades TK-5  
HISTORY LIVES ON!  
Show your school spirit!**

**Dress as a character from an earlier time period...**

.....like the 1950's

.....or 1960's....or 70's, 80's, or 90's!!!

....or just dress as an older person!!



**This FRIDAY, March 8, 2019!!!!!!**



# MESA "OLDIES" SPIRIT DAY



¡La

Grados TK-5

historia del pasado sigue!

¡Muestra tu espíritu de la escuela!

Vístete como un personaje de un período de tiempo anterior ...

... como la década de 1950

... o los años de 1960 ... o los 70, los 80 o los 90!

... o simplemente vístete como una persona mayor!



¡¡¡¡¡Este VIERNES, 8 de marzo!!!!





## The Mesa Challenge - 2019

MESA CHALLENGE GOAL - \$30,000



### Mesa Challenge Email Campaign

We present students with an "Email Challenge" to send out as many emails as they can. This can help the students reach their goals/prize incentives.

Students can use the template below that provides a special link to donate. Just copy and past the insert below and send to your grandpa/grandma, uncles/aunties, family, friends, coworkers, and acquaintances across the world! Or create a post or link to your social media accounts: <https://mesapfo.membershiptoolkit.com/form/m/55194>  
Copy and paste template below to your email:

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### Mesa Challenge 2019

Dear Family & Friends,

I hope you can help my school meet our Mesa Challenge!

My school's Jogathon has transformed into The Mesa Challenge. Throughout the years we have reinvented our traditional "a-thon" to make it more fun and exciting. Instead of just running in circles, additional fun activities have been introduced and fundraising goals set to "Challenge" our students, parents, families and staff.

The Mesa Union School Parent-Faculty Organization (PFO) works hard all year long to find us the extra resources and programs to further our educational, recreational and community development for my school's students, staff and families.

The PFO funds and brings programs to our school:

- All Field Trips Grades K-8
- Pali Institute Outdoor School in the San Gabriel Mountains
- Catalina Island Marine Institute - Oceanography Weekend
- Teacher Project Grants
- Teacher Room Funds
- Family Nights
- Carnival
- Book Fair
- Athletics Programs
- Camarillo Academic Olympics
- Spelling Bee
- And much, much, more!

So please click on the "Donate Now" button below and help us meet the MesaChallenge. And by the way, your donations will also help me meet my goals for fun prizes and activities (don't forget to list my name).



**Donate Now!**

Please help me out!

If donate button above is does not work try:

<https://mesapfo.membershiptoolkit.com/form/m/55194>

**ATTENTION  
KINDERGARTEN  
AND TRANSITIONAL  
KINDERGARTEN  
PARENTS  
2019-2020**

**MESA SCHOOL  
ROUND-UP/TEA  
WILL BE  
TUESDAY  
MARCH 5, 2019  
1:00 P.M.  
MESA CAFETERIA**

**PARENTS ARE ENCOURAGED TO BRING THEIR CHILD TO THE  
ROUND-UP TEA. WE LOOK FORWARD TO MEETING YOU!**

**ATENCION  
PADRES DE NUEVOS  
ALUMNOS DE  
KINDERGARTEN  
2019-2020**

**LA ESCUELA MESA TENDRA  
UNA JUNTA INFORMATIVA  
EL  
MARTES  
5 DE MARZO DE 2019  
1:00 P.M.  
EN LA CAFETERIA**

**SE LES PIDE QUE VENGA SU  
HIJO/HIJA PARA CONOCERLOS!**



# Rio Mesa High School

Incoming Freshman Enrollment,  
Registration, and Information Night



Thursday, March 7, 2019

or

Wednesday, March 13, 2019

RMHS Gymnasium

5:30 - 5:55

An early opportunity to turn in *completed* enrollment & registration paperwork for 2019-2020

6:00 - 6:30

Welcome, Introductions and General Meeting

6:30 - 7:00

RMHS Activities, Clubs, Programs and Sports Fair  
Continue to turn in completed enrollment & registration paperwork

**For your enrollment package to be complete,  
please bring the following items:**

- ◆ Completed course selection registration form
- ◆ Completed OUHSD Enrollment forms
- ◆ **Copy** of your student's birth certificate
- ◆ **Copy** of your student's immunization records
- ◆ **Copy** of one of your utility bills (electric, water, gas)

# Go Spartans!



# Rio Mesa High School

## Noches del Noveno grado para información y matriculación



jueves, 7 de marzo 2019

o

miércoles, 13 de marzo 2019

El Gimnasio de RMHS

- 5:30- 5:55:** Oportunidad temprana para entregar paquete de inscripción y sus selecciones de cursos para 2019- 2020 *completados*
- 6:00- 6:30:** Bienvenida, introducciones y junta general
- 6:30– 7:00** Feria de actividades clubes, programas académicas, deportes de RMHS  
Continúe de entregar paquete de inscripción y sus selecciones de cursos completados

**Para que su paquete esté completo,**  
**por favor traigan los siguientes documentos:**

- ◆ Formulario de selección de cursos completo
- ◆ Paquete de inscripción de OUHSD completo
- ◆ **Copia** del acta de nacimiento de su hijo/a
- ◆ **Copia** de los registros de vacunas de su hijo/a
- ◆ **Copia** de una de sus cuentas de servicios públicos (electricidad, agua, gas)

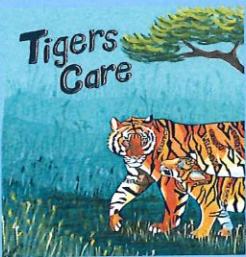
# Go Spartans!



**DonorsChoose.org**

*Support a classroom. Build a future.*

Help our school by supporting this Mesa Union classroom project <http://bit.ly/MUDCshed>



Play is FUNdamental!

Help us give our students a new storage shed for their recess and adaptive PE equipment.

¡El juego es fundamental!

Ayúdenos a darles a nuestros estudiantes un nuevo cobertizo de almacenamiento para sus equipos de recreo y PE adaptativo.

Ayuda a nuestra escuela apoyando este proyecto de aula Mesa Union

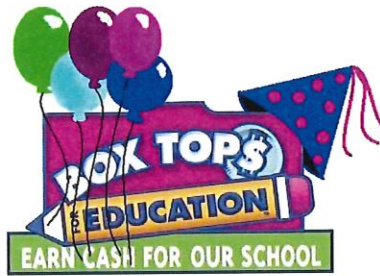
<http://bit.ly/MUDCshed>

*¡muchas gracias!*

THANK YOU!

**ABOUT DonorsChoose**

DonorsChoose.org is an online charity that makes it easy for anyone to help students in need. It was started in April 2000 by a public school teacher in the Bronx as a way to help students and teachers get much needed supplies in the classroom. Public school teachers from every corner of America post classroom project requests on the site, and donors give any amount to the project of their choice. When a project reaches its funding goal, materials are shipped to the school. To date, over 340 million dollars have been raised helping over 15 million students nationwide.



Let's get all those Box Tops turned  
in!

our last submission date for this school year is March 1st!  
Be sure to get all your Box Tops turned in before next Friday to  
earn your prize and help our school earn money!

Just a reminder of some of the many brands that have  
Box Tops:



Cascadian Farms

Cheerios

Chex

Scott

Old El Paso

Finish

Nature Valley

Fiber one

PaperMate

Nestle Pure Life

If you have any comments or questions, please contact me at  
[ahampton777@gmail.com](mailto:ahampton777@gmail.com).

# Mesa Union PFO Accepting Board Nominations Now!

(2019-2020 School Year - Effective July 2019)



**GET INVOLVED**  
Make a Difference!



## WE NEED YOU - HELP KEEP MESA THRIVING!

Mesa Union School PFO is now accepting board officer nominations for the next 2019-2020 school year. Term is effective July 1, 2019. Elections are held at the May Annual Membership meeting.

### Board Officers Needed:

- **President**
- **Vice-President**
- **Treasurer**
- **Secretary**

Put together a team and make a difference!

Email [nominations@mesapfo.org](mailto:nominations@mesapfo.org) to submit your name or nominate a member for consideration. See rules regarding eligibility in our [Bylaws & Standing Rules](#). Nominated persons must be PFO dues paying members (you're eligible if submitted during Membership Drive at beginning of year).

Any questions? Contact the Elections/Nominations Chair Maribel Carino-Alvarez (Mesa Librarian) or any current PFO Board Officer or email above.

Mesa Union PFO is a nonprofit public 501c(3) charity. It runs like a nonprofit corporation with similar governance and reporting requirements. PFO operates on approximately a \$100,000+ budget each year dependent on fundraising goals met.

PFO provides for the general welfare of the Mesa's students and families with educational enhancement and school connectedness programs such as field trips, teacher room funds, special projects/programs, athletics funding, family nights, Carnival, hospitality, etc.

**Please note that if there is no Board elected, programs will be suspended. An interim Board may be empaneled to provide administrative oversight of business functions until a new Board is installed.**





## Mesa Union PFO Nominations Form (2019-2020 School Year - Effective July 2019)

### PFO Officer Positions:

- 1. President.** The President will preside over meetings of the organization and Executive Board; serve as a leader and key contact for the organization; shall set the agenda for each monthly meeting, shall be an ex-officio member of all committees; coordinate the work of the officers and committees so that the purpose of the organization is served; appoint chairpersons for committees and ensure that the responsibilities of chairpersons are dutifully performed. President may sign with the Secretary or Treasurer contracts or any other instruments in transacting business in accordance with Annual Budget, programs, and actions approved by the General Membership or Executive Board.
- 2. Vice President.** The Vice President will assist the President and will perform the duties of the President in his or her absence or inability to serve. The Vice President shall perform other such duties as assigned by the President or the Executive Board.
- 3. Treasurer.** The Treasurer shall receive all monies of the organization; keep accurate records of disbursements, income, assets, and bank account information; pay out funds in accordance with approval of membership and the Executive Board; ensure that state and federal taxes are filed annually; ensure a monthly and annual audit are completed; and maintains liability insurance. Treasurer shall prepare monthly and annual financial reports. The Treasurer shall perform other such duties as assigned by the President or the Executive Board.
- 4. Secretary.** The Secretary shall keep all records of the organization, take and record minutes, handles correspondence, and post notices. The Secretary shall keep the official copy of minutes, bylaws, rules and Voting Members list. The Secretary shall perform other such duties as assigned by the President or the Executive Board.

Nominate yourself or someone else. All positions can be shared as "Co-". **Nominations must be received by March 16, 2019 and will be voted on at the PFO Annual Meeting Friday May 4, 2019.** Nominees will be contacted to ensure their interest before their name is officially placed on the ballot.

Please fill out this form and return to the front office or email your nomination to [nominations@mesapfo.org](mailto:nominations@mesapfo.org).

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I would like to nominate:

Name: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Email: \_\_\_\_\_

Position (Please Check one):

\_\_\_\_\_ President    \_\_\_\_\_ Vice-President    \_\_\_\_\_ Treasurer    \_\_\_\_\_ Secretary

Nominated by:

Your Name: \_\_\_\_\_

Phone No: \_\_\_\_\_ Email: \_\_\_\_\_

# OXNARD KNIGHTS YOUTH FOOTBALL

## Recruiting Now!

All Equipment Provided, No Experience Necessary. Ages 6-14  
Season Training Starts in July!



## “Work Hard, Never Quit!”

**Come Find Out What it Means to BE a KNIGHT and  
Join our Family, Building Lifetime Friendships, and  
Valuable Skills for High School and Beyond!**

**Registration Dates: Jan 23/ Feb 6, 17, 20, 24/ Mar 3, 6, 10, 20, 27/  
Apr 3, 7, 14, 17, 28/ May 1, 5, 15, 19, 29/ Jun 5, 9, 19**

**\*\*Please check for times and locations on our website.**

**Sunday Conditioning Camp @ Rio Lindo Park  
(except holidays) check social media for hours!**

For More Information call (805) 807-9920 & visit us online.

Webpage: [oxnardknightsfootball.com](http://oxnardknightsfootball.com)

Instagram: Oxnard Knights Football

Facebook: Oxnard Knights Youth Football and Cheer.

You can also visit us at our sign up locations posted online.

# OXNARD KNIGHTS YOUTH FOOTBALL

Reclutando ahora!

Ninos de 6 a 14 anos de edad, experiencia no es necesaria, todo el equipo es proporcionado.



**“Trabaja duro, nunca te rindas!”**

**Ven a descubrir lo que significa ser un caballero (Knight) y unete a nuestra familia, construyendo amistades de por vida y habilidades para la preparatoria( High school) y mas alla!**

**Registration Dates: Jan 23/ Feb 6, 17, 20, 24/ Mar 3, 6, 10, 20, 27/  
Apr 3, 7, 14, 17, 28/ May 1, 5, 15, 19, 29/ Jun 5, 9, 19**

**\*\*Please check for times and locations on our website.**

**Campamento de Ejercicio los Domingos en Rio Lindo Park (exepcto dias festivos) revisa nuestra red social para horario!**

Para mas informacion llama (805) 807-9920 y visita nuestra pagina de

Web: [oxnardknightsfootball.com](http://oxnardknightsfootball.com)

Instagram: Oxnard Knights Football

Facebook: Oxnard Knights Youth Football and Cheer

You can also visit us at our sign up locations posted online.

USYVL presents

# Camarillo Youth Volleyball

Volleyball Starts Here!



## Pleasant Valley Community Center

1605 E. Burnley St.  
Camarillo, CA 93010

Starts Wed., April 03, 2019  
Wednesdays 6:00 - 7:00 PM and  
Saturdays 9:00 - 10:00 AM

## SIGN UP NOW FOR SPRING!

- 8 weeks of instruction in a safe, fun and encouraging environment.
- 4 coed age divisions for boys & girls, 7-15.
- Registration price includes a volleyball, t-shirt and participation award.

## PLAN AHEAD AND SAVE.

Early: \$150 due by 12/1/2018

Regular: \$175 until 3/1/2019

Late: \$195 until 4/1/2019

Multiple child family discount and financial aid available to those who qualify.

Register online at  
[usyvl.org](http://usyvl.org)

## Make A Difference. Volunteer.

USYVL depends on volunteers. We provide training & support and respect your time. There's no feeling quite like helping a child learn, so volunteer today!

UNITED STATES YOUTH



VOLLEYBALL LEAGUE

# March 2019

## Mesa Union School

### BREAKFAST

Menus are subject to substitution. Breakfast is served with choice of 1% regular or nonfat TruMoo chocolate milk. Breakfast is available before school and during all morning recesses. Milk and water are sold during school. Snack bar is open after school. Please be sure your student's accounts are current at all times. Thanks, Debbie [dsussex@mesaschool.org](mailto:dsussex@mesaschool.org)



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



This institution is an equal opportunity provider.

### Monday



**4**  
Tornadoes  
Fruit  
Juice  
Milk

**11**  
Sausage Dog  
Fruit  
Milk

**18**  
No School  
Teacher Development  
Day

**25**  
Cherry Frudel  
Fruit  
Juice  
Milk

### Tuesday



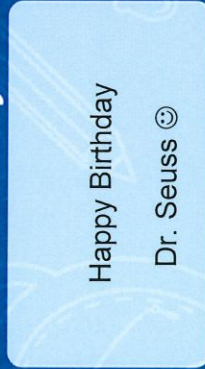
**5**  
Apple Frudel  
Cheese Stix  
Fruit  
Milk

**12**  
Bagel w/cream cheese  
Fruit  
Juice  
Milk

**19**  
Cinnamon Rolls  
Cheese Stix  
Fruit  
Milk

**26**  
Breakfast Sandwich  
Fruit  
Juice  
Milk

### Wednesday



Happy Birthday  
Dr. Seuss ☺

**6**  
Muffins  
Yogurt  
Fruit  
Milk

**13**  
Muffins  
Yogurt  
Fruit  
Milk

**20**  
Muffins  
Yogurt  
Fruit  
Milk

**27**  
Muffins  
Yogurt  
Fruit  
Milk

### Thursday



**7**  
Pancakes  
Fruit  
Juice  
Milk

**14**  
Cinnamon Rolls  
Fruit  
Cheese Stix  
Milk

**21**  
French Toast  
Fruit  
Juice  
Milk

**28**  
Waffles  
Cheese Stix  
Fruit  
Milk

### Friday

**1**  
Muffins  
Yogurt  
Fruit  
Milk

**8**  
Cereal  
Fruit  
Cheese Stix  
Milk

**15**  
Cereal  
Fruit  
Juice  
Milk

**22**  
Cereal  
Fruit  
Cheese Stix  
Milk

**29**  
Cereal  
Fruit  
Juice  
Milk

**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

**This establishment is an equal opportunity provider.**



Menu subject to substitution. All meals served with choice of 1% nonfat TruMoo milk. Salad bar offered daily. Milk and water are during the school day and our snack bar is open after school. Please ensure your student's accounts are current at all times. Thanks, dsussex@mesaschool.org



### Monday



**4**  
Grilled Cheese Sandwiches  
Homemade Soup  
Fruit and Milk  
Salad Bar

**11**  
Sub Sandwiches  
Goldfish Crackers  
Fruit and Veggies  
Milk and Salad Bar

**18**  
No School  
Professional Development Day

**25**  
Chicken and Rice Burritos  
Fruit and Veggies  
Milk and Salad Bar

### Tuesday



**5**  
Spaghetti  
Garlic Bread  
Fruit and Veggies  
Milk and Salad Bar

**12**  
Orange Chicken  
Rice Bowls  
Fruit and Veggies  
Milk and Fortune Cookies  
Salad Bar

**19**  
Bean & Cheese Burrito  
Fruit and Veggies  
Milk and Salad Bar

**26**  
Grilled Cheese Sandwich  
Homemade Soup  
Fruit and Milk  
Salad Bar

### Wednesday

Happy Birthday  
Dr. Seuss

**6**  
Chicken Nuggets  
Baked Fries  
Fruit  
Milk  
Salad Bar

**13**  
Corndogs  
Baked Fries  
Fruit  
Milk and Salad Bar

**20**  
Hotdogs  
Homemade Chili  
Fruit  
Milk and Salad Bar

**27**  
Mini Corn Dogs  
Baked Fries  
Fruit and Milk  
Salad bar

### Thursday



**7**  
BBQ Chicken Sandwich  
Fruit and Veggies  
Milk  
Salad Bar

**14**  
BBQ Beef Sandwich  
Veggies  
Fruit  
Milk  
Salad Bar

**21**  
Mac and Cheese  
Bread Sticks  
Fruit and Veggies  
Milk and Salad Bar

**28**  
Taco Bowls  
Rice and Beans  
Fruit and Veggies  
Milk and Salad Bar

### Friday

**1**  
Green Eggs & Ham  
Pizza  
Salad w/dressing  
Fruit and Jello  
Milk and Salad Bar

**8**  
Pizza Day!  
Salad w/dressing  
Fruit and Jello  
Milk and Salad Bar

**15**  
Pizza Day!  
Salad w/dressing  
Fruit and Jello  
Milk and Salad Bar

**22**  
Pizza Day!  
Salad w/dressing  
Fruit and Jello  
Milk and Salad Bar

**29**  
Pizza Day!  
Salad w/dressing  
Fruit and Jello  
Milk and Salad Bar